



RIVER CITY **CYCLING CLASSIC**

June 1 & 2, 2024

2024 TECHNICAL GUIDE

USAC Permit: 2024-8715 | **FB:** @RCCyclingClassic | **IG:** river.city.cycling | **Register:** bikereg.com/rc3

This guide is current as of March 3, 2024.

General Information

The River City Cycling Classic is a cycling omnium, including a time trial and road race on Saturday, June 1, and a criterium on Sunday, June 2. Unlike a stage race, racers can compete in events individually with no need to pass one event to qualify for the next. Competitors can race in one, two, or all three events.

Race Committee

Role	Name	Phone / Text	Email
Race Director	John Stoker	509.998.8711	spokane@teamodz.com
Technical Director	Mike Sirott	509.868.8604	mikesirott@gmail.com
Communications Director	Nathan Gallahan	208.771.2099	nathan.gallahan@gmail.com
Volunteer Coordinator	Cara McNab		volunteerrc3@gmail.com



Volunteer Info

Volunteers are the backbone of RC3! We need you :) [Click here](#) to volunteer!

Bob Stoker Memorial Time Trial [\[Course Profile\]](#)

The **ALL NEW** Bob Stoker Memorial Time Trial route is 10-miles long featuring 744 feet of elevation gain through the rolling hills of the Palouse! The course is located along an active road, which is generally pretty quiet on traffic. The turn-around is well placed and shouldn't present a challenge for amateur or experienced riders.

[Time trial bikes and aero-gear are allowed!] (Only for the TT though :)]

NEW TT COURSE!

Liberty Road Race [\[Course Profile\]](#)

This is a fast course on a 29-mile loop in the rolling farm country of the Palouse. There are a few large rollers with grades of 4-6 percent. There are no steep climbs. Team tactics and the wind often decide the result of this race. The finish line is on top of a gentle climb just west of the start location. Registration and staging is at Liberty High School, near Spangle Wash. Although this race also starts at the Liberty High School, it is a completely different course than Ronde van Palouse: no gravel, less hills, and different direction.

Riverbend Criterium [\[Course Profile\]](#)

Riverbend is the quintessential "industrial park criterium." The 1-mile loop within the Riverbend Commerce Park in Post Falls, Idaho features wide streets, good pavement, and safe turns. The Start/Finish is at the Buck Knives factory.

Entrance Fees

	River City Cycling Classic	Time Trial Only	Road Race Only	Criterium Only
Feb. 1 - Feb. 15	\$140	\$45	\$60	\$60
Feb. 16 - May 28	\$155	\$50	\$65	\$65
May 31 (Only @ Friday Packet Pickup)	\$160	\$55	\$70	\$70



NO ON-SITE REGISTRATION THIS YEAR!



Competing Categories

Men	Men Pro/1/2
	Men 3
	Men 4/Novice
	Masters Men 40+ 1/2/3
	Masters Men 40+ 4/Novice
	Masters Men 50+
	Masters Men 60+
	Masters Men 70+
Women	Women Pro/1/2
	Women 3
	Women 4/Novice
	Masters Women 40+ 1/2/3
	Masters Women 40+ 4/Novice
	Masters Women 50+
	Masters Women 60+

Categories with less than 5 riders will be combined!



USAC Licensing

USA Cycling license required to race. One day licenses for novice men and novice women is \$15. All other categories must have an USA Cycling annual license which can be purchased at www.usacycling.org.

ALL licensing must be purchased ahead of time via BikeReg or usacycling.org!



There will be also be a youth race at the Riverbend Criterium

Youth	Kid's Ride	8 and below	Free registration & prizes (15-min race)
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Rider Registration

Rider's licenses will be checked prior to picking up race packets, bib numbers, and other info. Everyone is required to check in at the registration tent and sign the USA Cycling Competitive Release Form. All international riders with a UCI license from another National Federation will be permitted to race. Your registration acknowledges that you have read this tech guide. Please take a screen shot of your license as cell service may not be available.

Please note: All racers must sign in at least **30-minutes prior** to the start of each event.

TT Sign In

Friday, May 31, 6 to 8 p.m.

To Be Determined.

Road Race Sign In

Saturday, June 1, 10 to noon.

Liberty High School

6404 E Spangle Waverly Road
Spangle, WA 99031

Criterium Sign In

Sunday, June 2, 8 a.m. to 1 p.m.

Buck Knives

660 S Lochsa Street
Post Falls, ID 83854


RESULTS

Results will be posted **near the registration table** located at the time trial, road race, and criterium. Results will also be found at <https://www.rivercitycycling.org>



Race Regulations & Procedures

Number Placement

- WSBA Numbers **will NOT be** used. 
- Unique race numbers will be given at "packet pick up", or day-of registration for single events.
- Riders with race numbers that are altered (e.g. cut or folded), mutilated, badly positioned, or covered shall be subject to penalties.)
- Bib numbers should be worn on either side of a racer's jersey and positioned such that each number is legible and approximately horizontal when the racer is on their bike.

Feed Zones

There will be one feed zone during the Liberty Road Race, which will be handled in accordance with USAC rules 3C5(a), 3C5(b), 3C5(c). The feed zone will be provided for all competing categories depending on the distance each group is racing. If you have trash or bottles you need to discard, please only do so within the zone. Teams **will need to** provide their own support. Our ability to provide neutral water support is contingent on how many volunteer and should **not be counted on** as a primary means of support.

Omnium Rules

- Omnium tie breaker. In case of a tie on total points, the tie will be broken in favor of the rider who has: (a) the most first place finishes or, if still tied, the most second place finishes, etc., or if still tied; (b) the highest placing in the road race, followed by the highest placing in the crit., followed by the highest placing in the TT.
- Omnium payouts will take place following the podium ceremonies Sunday.
- Prize money will be handed directly to participants. All prize money not picked up will be mailed within 10 business days. Racers must contact the race director to provide a mailing address. Merchandise will be distributed at podium presentation for each event. Merchandise cannot be shipped, racers must be present to claim merchandise prizes.

Omnium Scoring

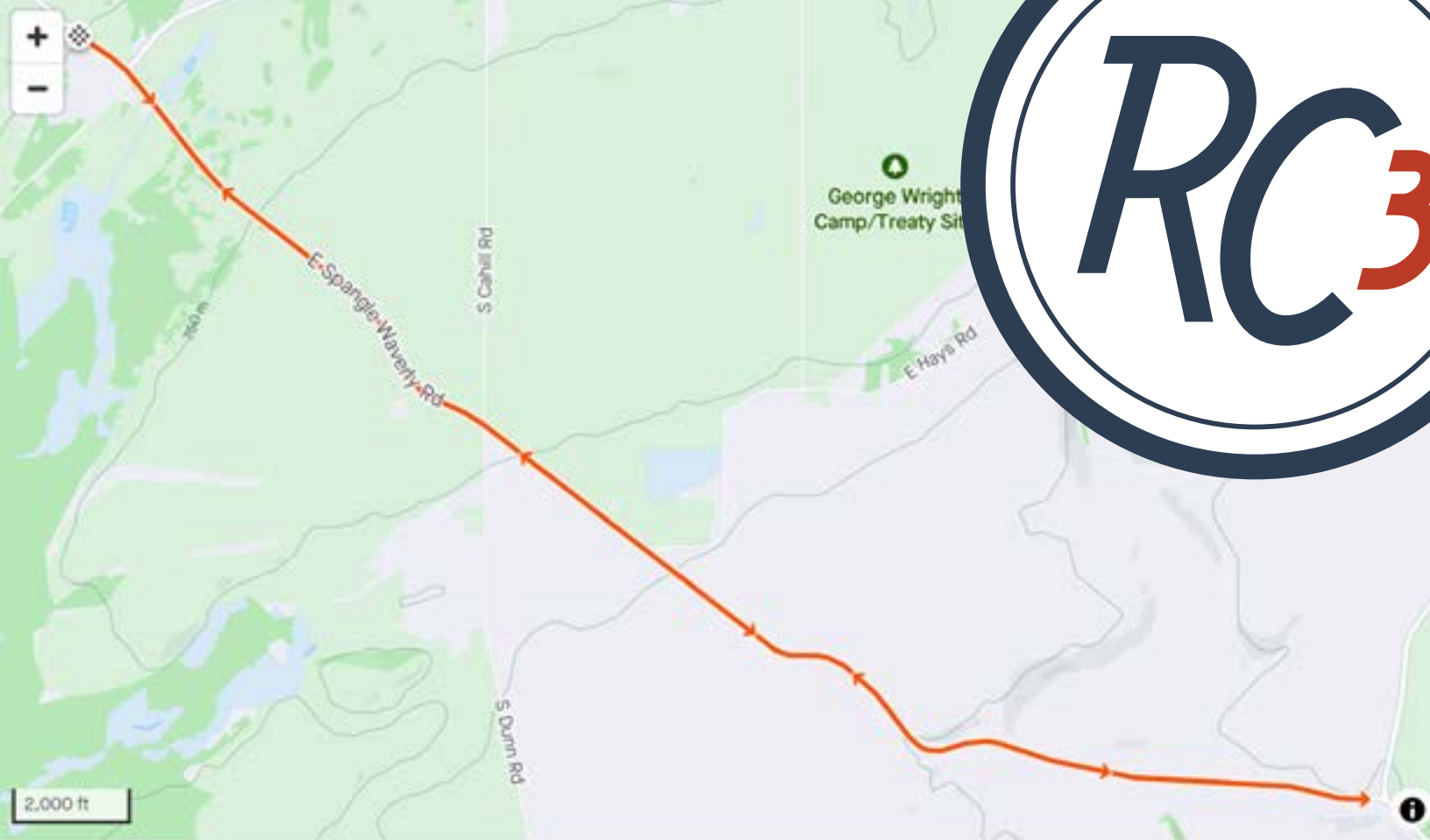
Place	TT	RR	Crit
1	17	20	20
2	14	17	17
3	12	15	15
4	10	13	13
5	8	11	11
6	7	10	10
7	6	9	9
8	5	8	8
9	4	7	7
10	3	6	6
11	2	5	5
12	1	4	4
13		3	3
14		2	2
15		1	1

Omnium Payouts

Men	Men Pro/1/2	\$200 / \$100 / \$50
	Men 3	\$150 / \$100 / \$50
	Men 4/Novice	Prizes
	Masters Men 40+ 1/2/3	Prizes
	Masters Men 40+ 4/Novice	Prizes
	Masters Men 50+	Prizes
	Masters Men 60+	Prizes
	Masters Men 70+	Prizes
Women	Women Pro/1/2	\$200 / \$100 / \$50
	Women 3	\$150 / \$100 / \$50
	Women 4/Novice	Prizes
	Masters Women 40+ 1/2/3	Prizes
	Masters Women 40+ 4/Novice	Prizes
	Masters Women 50+	Prizes
	Masters Women 60+	Prizes



Payouts will be adjusted in conjunction with the number of registrants



BOB STOKER

MEMORIAL TIME TRIAL

Time trials start Saturday at 9 a.m.

The **ALL NEW** Bob Stoker Memorial Time Trial route is 10-miles long featuring 744 feet of elevation gain through the rolling hills of the Palouse! The course is located along an active road, which is generally pretty quiet on traffic. The turn-around is well placed and shouldn't present a challenge for amateur or experienced riders.

Staging Area

Liberty High School
6404 E Spangle Waverly Road
Spangle, WA 99031

Schedule

The time trial start list will be published on the RC3 Facebook Page the Friday before the race (Please register before 6 p.m., Tuesday, May 28, 2024 to be on this list). The start list for those who register during packet pickup May 31, will be developed and published that night.

Time trial bikes and aero-gear are allowed!

(Only for the TT though :)

[Course Profile](#)



LIBERTY

ROAD RACE



Road races start Saturday @ 12 p.m.

This is a fast course on a 29-mile loop in the rolling farm country of the Palouse. There are a few large rollers with grades of 4-6 percent. There are no steep climbs. Team tactics and the wind often decide the result of this race. The finish line is on top of a gentle climb just west of the start location. **NOTE: There is a railroad track crossing at mile 25.** The tracks are fairly safe but use some caution and common sense.

[Course Profile](#)

Race Notes

- Please bring an extra set of wheels. Wheels are wheels in/out unless declared neutral by race official.
- Centerline rule will be enforced.

Staging Area

Liberty High School
6404 E Spangle Waverly Rd
Spangle, WA 99031

Schedule	Category	Start Time	Distance	Caravan
Men	Men Pro / 1 / 2	12 p.m. (May change)	86 miles	1
	Men Cat 3			
	Masters Men 40+ 1 / 2 / 3			
Men	Men Cat 4 / Novice	12:05 p.m. (May change)	57 miles	2
Women	Masters Men 40+ 4 / Novice			
	Masters Men 50+			
	Women Pro / 1 / 2	12:10 p.m. (May change)	29 miles	3
Women	Women Cat 3			
	Masters Women 40+ 1 / 2 / 3			
Men	Masters Men 60+ and 70+	12:10 p.m. (May change)	29 miles	3
Women	Women 4/Novice			
	Masters Women 40+ 4 / Novice			
	Masters Women 50+ and 60+			

Categories with less than 5 riders will be combined!



RIVERBEND

CRITERIUM



Crits starts Sunday @ 9 a.m.

Riverbend is the quintessential "industrial park criterium." The 1-mile loop within the Riverbend Commerce Park in Post Falls, Idaho features wide streets, good pavement, and safe turns. The Start/Finish is at the Buck Knives factory. **The course runs CCW.**

[Course Profile](#)

Staging Area

Buck Knives
660 S Lochsa Street
Post Falls, ID 83854

Schedule	Category	Start Time	Race Time
Men	Men Cat 4/Novice	9 a.m.	45 min
Men	Masters Men 40+ 4/Novice Masters Men 50+	10 a.m.	45 min
Women	Women Pro / 1 / 2 Women Cat 3 Masters Women 40+ 1 / 2 / 3		
Youth	Kids Ride (Ages 8 & below)	11 a.m.	15 min
Men	Masters Men 60+ and 70+	12 p.m.	45 min
Women	Women 4 / Novice Masters Women 40+ 4 / Novice Masters Women 50+ and 60+		
Men	Men Pro/1/2 Men Cat 3 Masters Men 40+ 1/2/3	1 p.m.	60 min